



活力假期有限公司

Energy Holidays Sdn. Bhd. (KKKP : 1801) (Co. No. : 197096-U)

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10DSN ANCIENT SILK ROAD CULTURE TOUR

URUMQI / TURPAN / DUNHUANG / ZHANGYE / JIAYUGUAN / LANZHOU

AIR ASIA X NEWEST ROUTE - LANZHOU

Highlights

- In Chengdu and out from the latest route in Northwest China - **Lanzhou**
- Boat tour on a natural crescent alpine lake – **Heavenly Lake of Tianshan**
- Explore the lowest point of land in China - **Flaming Mountains**
- Visit **Sand Dunes of Mingsha & Crescent Lake**
- Feel the astonishing scene and horrific sound - **Yadan National Geological Park**
- Explore one of the China's top four grottoes - **Mogao Grottoes**
- One of the biggest surviving carved statues of Buddha from the Tang Dynasty era – **Bingling Grottoes**



DAY 01: KUALA LUMPUR ✕ CHENGDU ✕ URUMQI

Assemble at Kuala Lumpur International airport for your flight to Chengdu. Then, take domestic flight to **Urumqi**, the capital city of Xinjiang Autonomous Region in northwest China, home to 49 minority ethnic groups, this graceful prairie city is an important stop along the ancient Silk Road, leading to Central Asia and even as far as Europe. Upon arrival, meet with local representative and transfer to check-in hotel.

Stay: Luxemon Xinjiang Hongfu Hotel 5* or Similar (BLD)

DAY 02: URUMQI

Heavenly Lake of Tianshan (Buggy Car) | Boat Ride | Xinjiang International Grand Bazaar

After breakfast, proceed to visit **Heavenly Lake of Tianshan** (Include buggy car + Boat ride) is arguably one of the nicest spots in all of China. This huge clear water lake, with the pine trees covering the hillsides and the snowcapped mountains in the background which make this a spectacular sight- reminiscent of Switzerland or the Rocky mountains but somehow with more vibrant and colorful. Follow by **Xinjiang International Grand Bazaar** the biggest bazaar in the world.

Stay: Luxemon Xinjiang Hongfu Hotel 5* or Similar (BLD)

DAY 03: URUMQI 200km/3hrs – TURPAN

Jiaohe Ruins | Karez System + Grape Farm | Flaming Mountain | Uyghur's Family

After breakfast, proceed to **Flaming Mountain**, the hottest place in China. In the evenings the red clay mountains reflect the heat and glow of the desert and seem to burn. So give them a name flaming mountains (Hua Yan Shan). Situated on the northern edge of the Turpan basin, and stretching over 100 km long and 10 km wide, this is an intensely hot part of the desert without a single blade of grass to be seen for miles. In the severe heat of July, the mountains seem to be on fire in the burning sun and become a purplish-brown color. **Jiaohe Ruins** is located below of the flaming mountain the city is the important door in the Silk Road from the Han and Tang Dynasty. The city includes outside city, inside city and palace. **Karez System**, the life resources of the oasis. Karez System is very delicate irrigation system made up of vertical wells, underground canals, above-ground canals and small reservoirs. Proceed to visit the **Uyghur's Family**.

Stay: Huo Zhou Hotel or Shuangcheng Hotel 4* or Similar

DAY 04: TURPAN High-speed train (2nd Class)/3h30m – LIUYUAN 130km/2hrs – DUNHUANG (BLD)

Echoing-sand Hill | Crescent Moon Spring (Buggy Car)

After breakfast, proceed to Liuyuan by **High Speed Train**. Upon arrival, transfer to Dunhuang. Visit **Sand Dune of Mingsha**, it offers superb picture-look desert scenery. Surrounded by the Echoing-Sand Hill, the **Crescent Moon Spring** can be called a natural wonder in the Gobi Desert. Having been lying among these sand dunes for thousands of years, although given many attacks by sandstorms, Crescent Moon Spring still gurgles clear and still remains worthy as the first spring in the desert.

Stay: Fuhua International Hotel 4* or Similar (BLD)

DAY 05: DUNHUANG

Yumenguan Pass | Dunhuang Yadan National Geological Park

After breakfast, visit **Yumenguan Pass** was a strategic pass on the ancient Silk Road. Yumen in Chinese means the jade of Gate. It was so named because the jade of Hotan in what is now Xinjiang region was transported to central China through this pass. Thereafter, proceed to **Dunhuang Yadan National Geological Park**, also referred as Yadan Devil City for the bleak desert and horrific sound, presents an astonishing scene of Yadan landform.

Stay: Fuhua International Hotel 4* or Similar



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DAY 06: DUNHUANG 375km/4h30m – JIAYUGUAN 20km/40m – JIUQUAN (BLD)

Mogao Grottoes + Buggy Car + 3D Movie | Yadan Landform along the road

Today's highlight will surely be the **Mogao Grottoes**, a World Heritage Site on the Silk Road. Located near the ancient town of Dunhuang in northwestern China, the caves are a depository of historical and cultural exchanges over more than a thousand years between China and other nations. Continue journey to **Jiuquan**, best known as the home of China's human spaceflight program.

Stay: Jiuquan Hotel 5* or Similar

DAY 07: JIAYUGUAN 230km/4hrs – ZHANGYE (BLD)

Jiayuguan Tower (Buggy Car) | Great Wall Museum

This morning, continue journey to Jiayuguan. Visit **Jiayuguan Great Wall** (include buggy car), located 77 kilometers southwest of Jiayuguan City. Gansu Province is the western end of the Great Wall. Jiayuguan built in the Ming Hongwe five years, due to the city in Jia Yu Lu named, since ancient times as a military place. On the way, you can enjoy the **Yadan landforms & Gobi Desert Scenery**. Visit **Great Wall Museum**, Jiayuguan is the western end of the Great Wall of the Ming Dynasty, known to towering spectacular in the world. After that, transfer to Zhangye.

Stay: XiYu International Hotel 5* or Similar

DAY 08: ZHANGYE High-speed train (2nd Class)/4h30m – LANZHOU (BLD)

Danxia National Geological Park (Includes Buggy Car)

After breakfast, proceed to visit **Danxia National Geological Park** (Includes Buggy Car), Zhangye's Danxia landscape has lots of precipitous red cliffs, most of which are several hundred meters high and multicolored ridges of weathered strata, sometimes stretching to the horizon. There formations sometimes smooth sometimes sharp, stand out against the greens or grays of the plains, looking grand and magnificent, vigorous and virile. Continue journey to **Lanzhou** by high speed train (2nd class).

Stay: Legend Hotel 4* or Similar

DAY 09: LANZHOU – KUALA LUMPUR (BLD)

Liujiaxia Dam | Speedboat | The Bingling Grottoes | Mother River Statue | Water Wheel Garden | Yellow River First Bridge

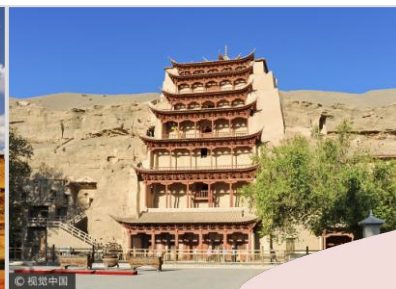
After breakfast, proceed to Liujiaxia Dam to take speed boat visit **The Bingling Grottoes** is a series of grottoes filled with Buddhist sculpture carved into natural caves and caverns in a canyon along the Yellow River. Follow by **Mother River Statue**. Traditionally, it is believed that the Chinese civilization originated in the Yellow River basin. The Chinese refer to the river as "the Mother River" and the cradle of the Chinese civilization". During the long history of China, the Yellow River has been considered a blessing as well as a curse and has been nicknamed both "China's Pride" and "China's Sorrow". Visit **Water Wheel Garden**, the wheel in the Garden was invented in Ming Dynasty (1368 – 1644) and is the oldest one as know. The designer, Duan Xu, modeled this from the irrigation machines in Yunnan Province. The wheel was driven by water flow and those buckets fixed along the brim could carry water one by one in order to irrigate crops. Visit **Yellow River First Bridge** also called Zhongshan Bridge, lies at the foot of Bai Ta Mountain and in front of Jin Cheng Pass in Lanzhou city, the capital of Gansu Province. After dinner, transfer to airport for your flight home.

DAY 10: Arrival KUALA LUMPUR

Local 4 + 5 Star Hotel

SPECIAL MEALS : -Snow Lily chicken Flavor, Roast Whole Lamb dinner, Lamb Satay Flavor, Snow Mountain Camel Flavor, Honey Dates Flavor, Steam Pot Chicken Flavor, Lanzhou Noodle Flavor, Braised Chicken, Beef Noodle Flavor.

Itinerary subject to change without prior notice





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10天8晚 古丝绸之路精华游 乌鲁木齐 / 吐鲁番 / 敦煌 / 嘉峪关 / 张掖 / 兰州

正航X最新航线——兰州!



行程亮点

- 乘搭亚航**进**成都，**出**最新中国西北路线~兰州
- 游览**天山天池**~ 船游感受湖光山色所构成的迷人景色
- 探索西游记中被神化的打卡最佳景点~**火焰山**
- 游览**鸣沙山+月牙泉**~ 古往今来以“沙漠奇观”著称于世
- 遇有风吹，鬼声森森，夜行转而出入的~**雅丹魔鬼城**
- 探索中国四大石窟之一，俗称千佛洞的~**莫高窟**
- 保存有中国最早墨书纪年题记的石窟寺~**炳林寺石窟**



第一天：吉隆坡 ✕ **成都** ✕ 乌鲁木齐

集合于吉隆坡国际机场，乘搭客机飞往成都。抵达成都，接着乘搭国内航班飞往**乌鲁木齐**。乌鲁木齐乃新疆维吾尔自治区是中国五个自治区中面积最大（占全中国面积六分之一），少数民族最多（共 47 族），也是丝绸之路必游览城市。抵达后，由当地导游接往入住酒店。

宿：尊茂鸿福酒店 5* 或同级

第二天：乌鲁木齐

(早午晚)

天池 (区间车) | 游船 | 新疆国际大巴扎

早餐后，乘车游览【**天山天池**】，天池位于博格达峰西北山腰，是一高山堰塞湖，相传穆天子曾在此会晤西母王。西游记中则说是王母娘娘举行蟠桃宴会的地方，是夏季避暑，冬季避寒的佳地。在此【**搭船**】(含游船)畅游湖中，别有一番情趣！下午游览闻名中外的【**新疆国际大巴扎**】。在这里可以看到各种新疆少数民族的奇特店铺。了解维吾尔族文化。尔后，返回酒店休息。

宿：尊茂鸿福酒店 5* 或同级

第三天：乌鲁木齐 200km/3hrs - 吐鲁番

(早午晚)

交河故城 | 坎儿井+葡萄园 | 火焰山 | 维吾尔族家访

于酒店内享用早餐，下午沿新疆第一条高速公路前往中国最低洼地，因气候炎热，素有『火洲』之称的吐鲁番，参观“西游记”中记载为唐三藏往西方取经的途中所经过之【**火焰山**】，是中国最热，也是相传孙悟空大战牛魔王和铁扇公主的地方，火焰山东西长约 100 公里，宽 10 公里，平均海拔 500 米，红色沙岩的山体没有任何植物，且布满瓣状沟纹，在强烈阳光照耀下如烈火升腾，颇为壮观。清晨前往吐鲁番现存最完整的古城 - 【**交河故城**】，交河的城市的历史可追溯至公元前二世纪西汉时期，当时交河是车师前国的王都，汉军也曾载此屯田，其后高昌王朝在此设交河郡，后归顺唐朝，并置安西都护府，直到元朝末年，战祸连连，交河从此成为一座废墟。前往【**坎儿井**】是新疆地区特殊的灌溉系统，可与长城、京杭大运河并称中国古代三大工程。而后安排【**维吾尔族家访**】。游毕，前往入住酒店。

宿：火州大酒店或双城大酒店 4* 或同级

第四天：吐鲁番 动车二等座/3h30m - 柳园 130km/2hrs - 敦煌

(早午晚)

鸣沙山 | 月牙泉 (电瓶车)

早餐乘坐动车二等座前往柳园。抵达后前往敦煌！下午前往在南方的沙漠中有二处奇妙景观：乘坐电瓶车游览【**鸣沙山**】以及【**月牙泉**】。大漠戈壁中一对孪生姐妹，沙泉共处，妙造天成，古往今来以“沙漠奇观”著称于世。在此骑乘沙漠之舟—骆驼，拜访月牙泉，月牙泉在鸣沙山怀抱之中，因其形状似月牙而名之，加上起伏的沙山，清澈的泉水，景致令人毕生难忘；沙漠之中有泉不干涸、飞沙填不满，实乃自然界一大奇景。游毕，前往入住酒店。

宿：福华国际大酒店 4* 或同级



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第五天：敦煌

(早午晚)

玉门关 | 雅丹魔鬼城

早餐后，前往游览【玉门关】始置于汉武帝开通西域道路、设置河西四郡之时，因西域输入玉石时取道于此而得名。汉时为通往西域各地的门户，故址在今甘肃敦煌西北小方盘城。元鼎或元封中（公元前 116 年—前 105 年）修筑酒泉至玉门间的长城，玉门关当随之设立。而后游览【雅丹魔鬼城】—“雅丹”是维吾尔语，原意是指具有陡壁的小山。在地质学上，雅丹地貌专指经长期风蚀，由一系列平行的垄脊和沟槽构成的景观。新发现的这处雅丹地貌，面积约 400 平方公里。它的形成经历了大约 70 万年到 30 万年的岁月。当大风刮过时，会发出各种怪叫声，因而也被人们称之为“敦煌雅丹魔鬼城”。游毕，返回酒店休息。

宿：福华国际大酒店 4* 或同级

第六天：敦煌 375km/4h30m - 嘉峪关 20km/40m - 酒泉

(早午晚)

莫高窟 + 区间车 + 3D 电影 | 沿途雅丹地貌

早餐后，前往参观享誉国际的【莫高窟】，它不但是古代丝路上的一颗文物明珠，也是中国石窟艺术的宝库，俗称【千佛洞】，至今仍保留 492 石窟，有壁画 2500 多尊色塑像，如沙漠中的天然画廊。而后前往酒泉。

宿：酒泉宾馆 5* 或同级

第七天：嘉峪关 230km/4hrs - 张掖

(早午晚)

嘉峪关城楼 (区间车) | 长城博物馆

早餐后，前往万里长城的最西端的【嘉峪关城楼】，嘉峪关是中国古代中西方经济，“丝绸之路”上中国历代军事上的重要据点，自古以来被称为“天下第一雄关”。途中可欣赏独特的“雅丹地貌”和戈壁滩风光。后游【长城博物馆】。前往张掖。抵达后入住酒店。

宿：西遇国际酒店 5* 或同级

第八天：张掖 动车二等座/4h30m - 兰州

(早午晚)

丹霞地质公园含 (区间车)

早餐后，游览绝美的【丹霞地质公园】— 2005 年 11 月由中国地理杂志社与全国 34 家媒体联合举办的“中国最美的地方”评选活动中，当选为“中国最美的七大丹霞”之一。2015 年被全国多家知名网站评选为全球 25 个梦幻旅行地。下午乘动车 (二等座) 前往兰州。抵达后入住酒店。

宿：飞天大酒店 4* 或同级

第九天：兰州 ✕ 吉隆坡

(早午晚)

刘家峡水库 | 快艇 | 炳灵寺石窟 | 黄河之母亲塑像 | 水车园 | 中山桥

早餐后，前往刘家峡水库乘坐快艇前往游览【炳灵寺石窟】— 西晋初年 (约公元 3 世纪) 开凿在黄河北岸大寺沟的峭壁之上，正式建立于西秦建弘元年 (420 年)，上下四层。最早称为唐述窟，是羌语“鬼窟”之意，唐代称龙兴寺，宋代称灵岩寺，明朝永乐年后称炳灵寺，“炳灵”为藏语“仙巴炳灵”的简化，是“千佛”“十万弥勒佛洲”之意。而后前往兰州参观【兰州水车】，兰州水车又名兰州翻车，是明嘉靖年间进士段续所造的一种省工、省力又省资金的一种灌溉设施。随后前往参观【黄河之母亲塑像】，亲睹母亲像之壮丽及。后续前往参观【黄河铁桥】，有“天下黄河第一桥”之称，是兰州市内标志性建筑之一。铁桥建成之前，这里设有浮桥横渡黄河。晚餐后乘机飞往吉隆坡。

第十天：抵达 吉隆坡

当地 4 + 5 星级酒店

特色风味餐：*雪莲土鸡煲、烤羊肉串、烤全羊、雪山驼掌、大盘鸡、蜜馅大枣、汽锅鸡、沙河米粉、兰州牛肉面*

以上行程仅供参考最后由当地旅行社安排为准



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